

# GRATITUDE

**Three amazing people in my life are:**

- 1.
- 2.
- 3.

**Three great things about my home and where I live are:**

- 1.
- 2.
- 3.

**Three great things about where I work and what I do for a living are:**

- 1.
- 2.
- 3.

**Three great gifts I have been given or skills I have developed are:**

- 1.
- 2.
- 3.

**Three areas of knowledge and experience I have developed are:**

- 1.
- 2.
- 3.

**Is there anything I am taking for granted that I should be thankful for?**