

BINGO

GYIS

More Than Just Fitness!



Name: _____

Collect Your Stamps!

Sept. 29-Oct. 24

Came to the October 2nd Product Palooza 7-8pm	Attended ONE of the 4 Saturday Sessions offered. (4*, 11, 18, 25*) *8am only	Brought a friend to <u>Bring A Friend Week</u> October 13-18
Attended a Cardio Club Session <small>(If you are in CC, just get a stamp. If you are NOT in CC, come try out a CC)</small>	GYIS More Than Just Fitness!  Free Space	Posted YOUR favorite Healthy Recipe on GYIS VIP Facebook Group
Came to At least 7 Classes in the October Boot Camp Session (Sept 29-Oct 24)	Got weighed and Measured Oct. 10th OR Oct. 24th	Posted a photo on the Facebook GYIS Fan Page of You Wearing GYIS gear somewhere other than the park

Get Any 3 Across & WIN

GYIS Blender Bottle

★	★	★

Get 2 Lines of 3 Across in Any Direction & WIN

GYIS 7th Year T-shirt

		★
★	★	★

Get a Full Card & WIN

Chance to Win a Free

Month (& other Great Prizes!)

★	★	★
★	★	★
★	★	★

Bring your card and get it stamped!

Turn in your card by Friday, October 24th to get your Prize or Prizes!

GOOD LUCK!